

LAKE DELHI VOICE

Newsletter of the Lake Delhi Taxing District and Community—January, 2015

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Message From the Lake District Trustees

Happy New Year Everyone! 2015 is set to be a very **exciting** year. Countless public/private projects are poised to be started and completed this year that will enhance Lake Delhi and surrounding communities.

In regards to Phase 2 work (New Spillway) Here is a snap shot of the next steps:

First week of January: The rebid of Phase 2 went out to the construction contractor market place. Contractors were called weeks ago and yet again to remind them about our project. We are very excited about the rebid of Phase 2 work which allowed the District to change various components of the previous bid offering with a goal of lowering the overall cost. In addition, the board approved an incentive plan which we believe will not only attract more bidders and make our project more competitive, but also enable us to potentially finish the project sooner.

January 14th: Pre-bidders conference to allow potential bidders to come to Delhi to learn more about the project and to get any questions answered about the bids specifications.

January 29th: The bids are due back and will be opened

Early February: Intentions: Award contract to a qualified bidder

Early March: Intentions: Phase 2 construction work to start

You might be asking “what does this really mean”?

Our entire Community needs to pull together to make all final preparations:

Late Fall of 2015 (October 23rd) is the scheduled target date for completion of Phase 2 construction that would enable the passage of water over the spillway. This will be the planned start date to fill up the lake. But the Early Completion Incentive plan approved by the Trustee board could allow for this planned start date to begin approximately six weeks sooner to early September.

Any remaining shoreline projects should be planned to get completed by the above target dates.

Time is extremely limited to removing tree growth and debris in the Lake Bed. Please work with your neighbors and friends to finish this process as weather allows. More details to come in the future of whom to contact if you or someone you know needs help.

For the multiple supporters including homeowners, businesses, and countless others who pledged and funded financial support through the Community Fund to Rebuild Lake Delhi: Thank You! Your donations are needed for financial obligations to the winning contractor for work to be performed. For those who have not donated yet, your commitment is needed now. The Community fund to Rebuild Lake Delhi will be sending out letters to all property owners and neighboring businesses soon asking for help to take us over the finish line. As a reminder, certain levels of donors who financially support the Community Fund to Rebuild Lake Delhi will forever be recognized for their generosity by a permanent wall of recognition for future generations to see.

The Board of Trustee's appreciate your continued support as move forward through the next phase of restoration. If you have any questions or concerns: Please email us at:
LakeDelhiTrustees@LakeDelhi.org.

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The Lake Delhi Combined Recreational Facility and Water Quality District Trustee's:

Steve Leonard: President, Trustee

Larry Burger: VP, Trustee

Mary Kray: Secretary, Trustee

Laurie Kramer: Treasurer, Trustee

Pat Colgan: Trustee

Lamont Davidson: Trustee

Todd Gifford: Trustee

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Lake Delhi VOICE Editor: Todd Gifford



Dam Construction Update

As of the last week of 2014 we are winding up our first construction year for the rebuild of Lake Delhi dam and the restoration of Lake Delhi. Overall there are no adverse surprises found in the rehabilitation work of 2014. The dam is structurally sound and has very strong original concrete, other than the few areas replaced, due to 80 years of weathering.

Lunda worked up to December 23, 2014, and then took the rest of the year off for the holidays. This past week Lunda is not working, giving time off for the workers for the holiday. They will return next week, January 5, 2015, and continue to work through the winter where it makes sense to do so (winter working conditions). Lunda has worked very thoroughly and efficiently throughout the year. The scope of Phase 1 work was to inspect, rehabilitate concrete, add rock anchors to bring the structure up to modern stability requirements, demolition or flood gates and structure, construction of new flood gates, and replacement of the north dam. The work has to be sufficiently complete to allow Phase 2 contractor to build the temporary cofferdam and divert the river flow through the concrete structure so the new earthen dike and overflow spillway can be completed.

This will be the first construction report for 2015. It is organized into two parts, Phase 1 progress and Phase 2 status.



Phase 1 Status: First photo—Lunda has finished placing rebar and forming new south Dam Pier Nose and pored back using 20 CY of 4000 PSI concrete. Sub-contractor Chosen Valley was on site to sample and test concrete. Finished removing bad concrete on Operating Deck at Dam Piers and Abutments. After Concrete Condition Survey has continued on Wing Wall at south side of Stilling Basin, saw cutting and concrete removal is done and rebar and forms been placed at these patches. Metal Plates and bad concrete at downstream ends of dam Piers have been removed then new rebar and forms have been placed for patches.

Picture above—Two new replaced concrete piers magically appear in December 2014 on the right side picture. These piers were required to provide the strength, configuration and alignment for the three new flood gates. The gate guides and stop log guides for the new equipment is different than the old gates. The suspended concrete slab between the piers has been determined to be structurally unsound. This so called “operators bridge” will be removed in January 2015 and the new galvanized steel structure will be placed in its place. Once the new steel structure is in place, the mechanical gate hoists will be installed on this new “operators bridge”. The new flood gates are scheduled to be delivered in May 2015, for installation in the second quarter of 2015.



Picture on Left Above: Looking straight down to the new stainless steel sill plates being installed for the new gate guides and stop log guides at the bottom of the gate openings. Picture on Right Above: Shows how gate guides are leveled with leveling screws prior to grouting them in place. The tolerances are incredibly tight. This is important to the gates don't leak when they are seated on these gate guides. Phase 1 downstream work. Downstream cofferdam is removed and final rip rap is being placed. Pump will be removed and water will fill this area to normal levels. Downstream work is done. [continued pages 3 and 4]

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New gate guides being placed this month. There are six of these new gate guides as well as six gate guides for the stop logs installed in January 2015.



New gate guide in place along with new stop log guide in one of three rebuilt flood gate openings.



Below photo: View from top looking down at the sills for the gate guides and stop log guides ready for concrete to be placed. Work was completed last week and this week. This completes the guide installation and concrete repair work for Phase 1.



Below another picture of installed gate guides and stop log guides ready for concrete placement



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Phase 2 plan: Our plan now is to award the contract Phase 2 work on January, 29, 2015, for completion in the fall of 2015. Phase 2 was previously bid in mid October 2014 and all these bids were rejected. Only three bids were received and the low bid was 20% over the engineers estimate for Phase 2 with the other two bids substantially higher. The rebid of Phase 2 work allowed the District to change various components of the previous bid offering to lower costs for the Phase 2. The District has also identified a broader group of contractors to bid Phase 2 work. As always, project completion date is still dependent on many factors such as the river flow being average or below, minimal adverse weather events, selecting a quality contractor for Phase 2 and finally, that the river flow at the time needed to refill the lake is sufficiently greater than the minimum flow that we must pass while the lake is filling to maintain stream flow. Also, consideration must be given to all lake bed issues needed prior to refilling and the startup procedures for the new flood gates as they will be fully loaded for the first time only after the lake is initially filled. Ongoing Dam Construction updates are posted on www.LakeDelhi.org Trustee website.

Where/What In The World Is It? CONTEST

Our Past 2 Winners:
**Bob Flannagan and
Dennis Jasper** were the
past 2 VOICE *Where in
the World Is It* Winners.
Congratulations to Bob
and Dennis!



Can you guess what this well known landmark is in IOWA and win the contest?

The image below is a landmark somewhere in Iowa. If you guess where/what it is correctly and your name is drawn from all the correct responses submitted, you will win a Free Lake Delhi shirt of your choice. To participate in this contest, you will send an email to LakeDelhiTrustees@LakeDelhi.org, use a Subject of "Where In the World Is It Contest", put your guess in the body of the email, and provide your contact information.

Responses are **Due by 2/2/14**. Good Luck!!!

Mind Teaser Question:

Mind Teaser Question:

Sam Slug was standing in the post office looking at a WANTED poster. Someone asked him who the man in the poster was and Sam replied, "Brothers and sisters I have none, but this man's father is my father's son." Whose picture was on the poster that Sam was looking at? **ANSWER ON PAGE 6.**

Imagination exercise: Think like a child

Want to become more creative? Try thinking like a young child. An experiment at North Dakota State University (and re-counted on the Ideas to Go website) took two groups of adult graduate students and asked a simple question: "If school was canceled for the day, what would you do? Where would you go? Who would you visit?"

But one group was given one additional piece of guidance: "Pretend you're 7 years old." Both groups had 10 minutes to write down their answers, and then were given a series of creativity tests. The group that had been instructed to think like 7-year-olds exhibited higher degrees of creative thinking than the "adults." So whenever you're looking for innovative solutions, try lowering your mental age a bit. The results might be exciting. .



HEALTHY LIVING

New research suggests that eating salmon and walnuts can help people to avoid the dreaded belly fat. Uppsala University has conducted a study that suggests people who eat plenty of polyunsaturated fat get a lot more muscle than those who consume lots of saturated fat. The findings also indicate that consuming a good deal of polyunsaturated fat reduces the risk of developing type 2 diabetes and heart disease. Unsaturated fat can be found in oily fish, olive oil, seeds and nuts.

Weight training is also very good for getting rid of or avoiding belly fat as it helps to build lean muscle. Lifting weights tears muscle tissues apart microscopically, which are then rebuilt, and during the creation of this new muscle your body is also burning calories and thus better facilitating weight loss. Barbell dead lifts, standing/seated calf raises, pull-ups, chin-ups, pull-downs, and bench presses should all be incorporated into your weight training regime. Always consult your physician for a program that is right for you.

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Lake Delhi Feature Family Story

Mike & Deb Ott

We both grew up in Cedar Falls with our own boating families. Each family spent almost every summer weekend on the Cedar River with all its nasty underwater sandbars, logs, and mosquitoes. We were frequent customers at the local prop repair shop!



When we first started dating in 1970, we heard about a much better place to boat called Lake Delhi, so we decided to try it out with Deb's parents. Our first stay was at the Maples Resort. Later that year we couldn't find any place to stay except at the Delhi Motel in Delhi. That was a real experience because you signed your name in a book, put your money in a box, and took a key without seeing anyone.

Deb's folks bought a lake front cabin in the Freddie's Beach area the next year and we spent many summers boating and skiing every weekend. A few years later we took up snowmobiling on winter weekends as well.

When we started our own family we built a cabin at Deer Run Lane. Later we decided to move to the Lake permanently and bought a home in Linden Acres in 1985, where we've been to this day. Linden Acres was an unbelievable place to raise our kids! The neighbors that we have come to know as friends and feel like family was one of our biggest reasons for making it our permanent home! (Located halfway between Campo & Freddie's Beach same side of the Lake.)

We have had many fond memories on the Lake with our two daughters, Angie and Michelle growing up on the water. We taught them to swim, ski and tube and then they joined the Hartwick Husky's waterski team, which they enjoyed for a number of years. Angie and

granddaughter Reece rejoined the Huskies a couple of years ago and our son-in-law Matt & grandson Derek handled the sound system at the shows this year!

We've had many family reunions here and many friends have stayed with us and enjoyed all the exciting amenities on and around the Lake such as: **Camp-O-Delhi**, where back in the early years you parked your boat on the beach (pre-dock days) and ordered hamburgers from their order window. And later, great breakfast, lunch and dinner (with Toddlies) on the Lake. Also many loud beach dances.

Freddie's Beach with the trampoline, kid's games, ice cream, outdoor jukebox, and in the early years even a steak dinner. Also, Deb's brothers who participated in weekend dirt bike races and won a bunch of trophies.

Lost Beach for a perfect afternoon of sand, swimming, volleyball and trying not to get sunburned.

Rocky Nook for a great dinner and live entertainment.

Indian Joe (our famous 28' 3" rock jump – by eyeball) and the anxiety of making that 1st leap from what looked like a "piece of cake" jump at the bottom.

However, after scaling the slippery rock ledge and looking down at the water, you feel like you're jumping off the Golden Gate Bridge. Sometimes old and young alike made their way back down without jumping, to the dismay of the boating audience.

Other memories include: **Jon Boat trips** to the upstream spillway was a full day's picnic adventure.

Christmas in July, which later became Christmas in August. Everyone enjoyed the efforts the Delhi Lakers put into terrific light displays to boaters. And 4th of July Fireworks from Brandy Hill was always a treat! The **Annual Larry McVey Fishing Tournament** when years ago our daughter Michelle caught the first Northern Pike before there was even a category.

Fishing off the docks with our kids and guests. **Paddle boating** during the week when all was quiet because weekenders went home to work for the week.

Golf (Mike), **Bunko** (Deb), and potlucks with neighbors and friends. **Snowmobiling** the old "original" trails on the Lake and off, and Brandy Hill stops to "warm up". Hours spent pulling ours and the neighborhood kids behind the 3 wheeler on plastic

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sleds in the snow in our Linden Acres circle and other winter sports like **4-Wheeling, Ice Skating, Ice Fishing, and even Ice Golfing.**

We learned a hard lesson since July 24, 2010, never to take for granted how special this place is to us and our family and friends and especially for our Grandkids, Derek (13), Reece (11), Kaden (11), RJ (14), Gabby (13) & Andy (10) who unfortunately missed out on the past 4 ½ years of all of the “normal” experiences we’ve had in the “Garden Spot of America” we call Lake Delhi!

You can Still Buy a limited edition *Lake Delhi Cookbook!*

Mary Jo McDermott put together a fantastic Lake Delhi cookbook and has sold many copies while raising money that has been donated to the Community Fund to Rebuild Lake Delhi. You can still buy one of these fantastic cookbook by contacting Mary Jo at Todmarjo@yousq.net or pick one up at Widner Drug in Manchester.

These cookbooks are a limited run edition, so you would be wise to purchase one of these wonderful Lake Delhi limited edition collector’s items while there are still some available! And when you do, you contribute money towards the rebuilding of the dam and restoration of Lake Delhi. It’s a great gift!!

Mind Teaser Answer from page 4:

Sam Slug was looking at a picture of his son. The puzzle of the statement ‘this man’s father is my father’s son’ is easily solved if the word ‘me’ is substituted for ‘my father’s son’. The statement then reads, “Brothers and sisters I have none, but this man’s father is me.”

Great Quote:

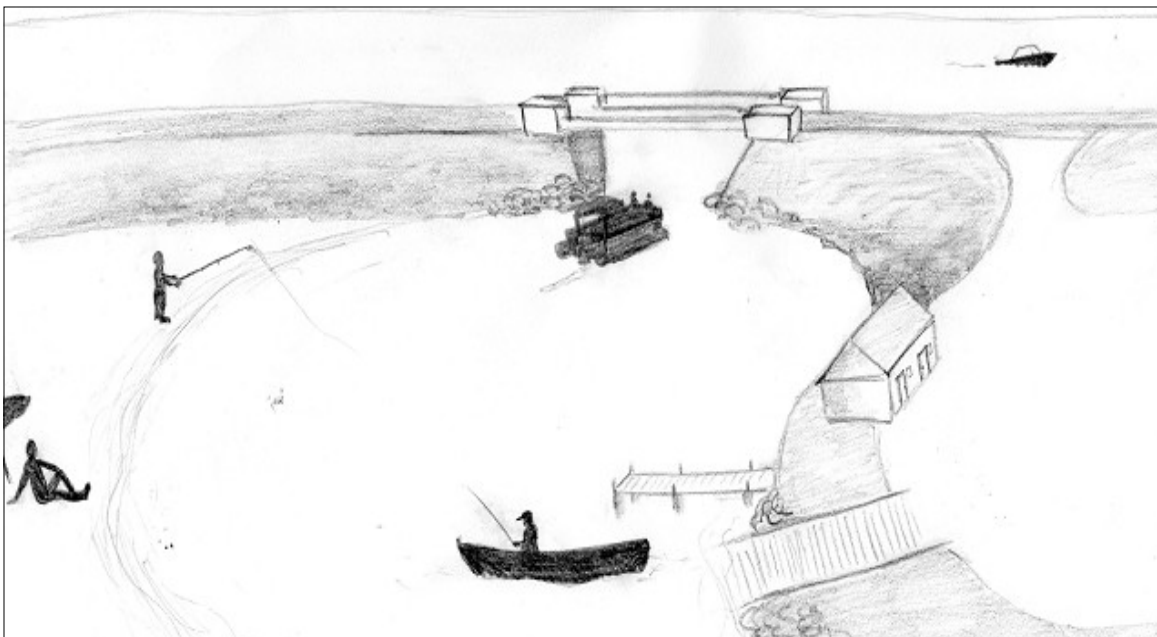
I’d rather be a failure at something I love than a success at something I hate.

—George Burns

Why You Should Always Have a Camera!

If you have a crazy photo you would like to share, you can send it to us at:

LakeDelhiTrustees@lakedelhi.org



Future Turtle Creek Cove Enhancement Plan

Rough Sketch Rendering of Future Turtle Creek Cove Public Access Area, which is planned to have a beach, enhanced Boat Ramp access with docks, nice parking area, restrooms, and enhanced bridge allowing larger/taller boat access to lake

Lake Delhi Shirt/Apparel Order Form

All Proceeds Go to: The Community Fund to Rebuild Lake Delhi



Item	Color	Price	Size	Order Qty	Ext \$ Amount
Lake Delhi Hooded Sweatshirt (<i>with zipper</i>)		\$30			
Lake Delhi Hooded Sweatshirt 2XL+ (<i>with zipper</i>)		\$35			
Lake Delhi Regular Sweatshirt		\$20			
Lake Delhi Regular Sweatshirt 2XL+		\$25			
Lake Delhi Ladies White T-Shirt	White	\$15			
Lake Delhi Ladies Heather T-Shirt	Heather	\$15			
<i>I Gave a DAM</i> T-Shirt or <i>Dam-Just Build It</i> T-Shirt – White	White	\$15			
<i>I Gave a DAM</i> T-Shirt or <i>Dam-Just Build It</i> T-Shirt – Gray	Gray	\$15			
Lake Delhi Polo Shirt – Ladies Style	Yellow	\$30			
Lake Delhi Polo Shirt – Reg Style	Navy	\$30			
Lake Delhi Fleece Jacket	Black	\$40			
Lake Delhi Cap	Gold/Black	\$15			
Lake Delhi Cap	Navy/White	\$15			
Lake Delhi Cap	Royal Blue	\$15			
Lake Delhi <i>Visor</i>		\$10			
				Total \$:	

Name: _____

Mail Form and Check Payment to:

**Community Fund to Rebuild Lake Delhi
712A Third St.
Delhi, IA 52223**

If you have any questions, please contact Laurie Kramer at (563) 920-9863 or Todd Gifford at 319-651-6688